



From The Principal's Desk

Dear Readers,

Time flies and leaves behind itself a trail of beautiful memories that make us laugh or amaze us with their peculiarities.

Only a few weeks ago we were ushering ourselves in the new session with a bundle of hopes and aspirations in our eyes, and today while writing this editorial, I am pleasantly surprised to find how smoothly we have sailed into June with Pre-Mid Term over, thereupon resuming our classes after the refreshing summer break.

Change is the only constant in the world. It protects us from nagging monotony of everyday affairs. It helps us grow and get stronger no matter how irksome it appears in the beginning. It also provides us an opportunity to experience life at different levels. It teaches us whether the experiences are sweet like the soothing monsoon rains caressing our souls now or bitter like the challenges in our personal or professional lives, they enrich our consciousness with pleasantness of their feel or the learning they offer.

Having settled well in the session, now it's time to ensure a balance between academics and activities, making the symmetrical growth of the young minds practicably possible. Creatively experimenting with concepts and ideas under activities is as necessary as teaching the profound theories and imparting the required knowledge through interactive teaching sessions. After all, life is all about options and balances.

Wishing you all a blissful reading.....

Yours truly,

Reshma Singh



Beyond the Books





Academic rigors such as in-depth reading and complex problem-solving go far to strengthen the mind, and extracurricular activities become the impetus for it to acquire the necessary soft skills. High-endurance activities train students to maintain patience and resilience in the face of difficulties. Extracurricular is not solely about imparting stronger professional skills but also supplementing education. These programs are fun and offer students the opportunity to spend time with others of similar interests. Extracurricular activities help them cultivate soft skills required for success and achievement in life. Understanding the significance of participation in a variety of activities, our students enthusiastically carried through in varied exercises across Grades 1–12.













"The desire to create is one of the deepest yearnings of the human soul."







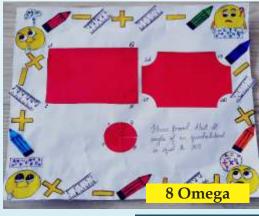














International Day for Yoga



Yoga is a spiritual, mental and physical practice that has been around since ages. With time, people have discovered a number of health benefits associated with yoga. Yoga does more than burning calories and strengthening muscles, it is a workout which involves both body and mind. On **21**st **June**, Open Minds celebrated the 8th International Day for Yoga with great piquancy. Students across all grades performed various asanas of Yoga and also briefed about the importance of Yoga.







"Physical fitness is the first requisite of happiness."

GROWING FROM INJIDE OUT







Say No to Drugs

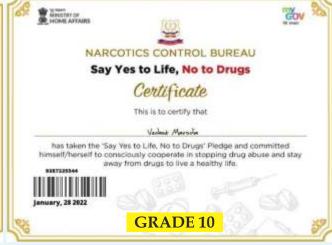


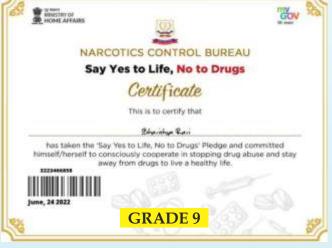


Fight against drug abuse has been one of the most difficult struggles mankind has ever waged because getting other people to agree that drugs have a bad long-term effect on their health is very difficult. Supporting the fight against drug abuse will not only help us save other people's lives but will also bring forth the real problem and the understanding of how deeply embedded it is in our culture. Getting rid of it should become our first priority. Narcotics Control Bureau(NCB) has launched an online e-pledge campaign named 'Say Yes to Life, No to Drugs' through MyGov portal from at all India level. The students of Grades 8 – 12 exuberantly supported this mission with utmost participation.











Unraveling Creativity





Exhibitions encourage a scientific temperament among students and showcase their skills through ingenious displays of projects pertaining to Science, Mathematics, Language and the Social Science. Students and their teachers spared no effort to make a mission of it. They intensely explored to discover the myriad facets of the selected topics and shared what they assimilated. It was their humble offering of the projects given for the summer vacation. The displays included the models handcrafted by students. The exhibition attracted scores of visitors during the PTM. The School congratulates the students and their mentors for their efforts in putting all this together.

















Success is the sum of small efforts, repeated day-in and day-out.

































Parents strolling through the gallery of creativity



























The Primary PTM





It is important to evaluate the academic as well as the non-academic performance of a student. A PTM helps both parents and teachers to bring out a positive solution and empower the goals of a student. We at Open Minds always look ahead to communicate with our extended family just to say 'we care'. PTM across Grades K2-4 was organized to understand and determine the need of a child.







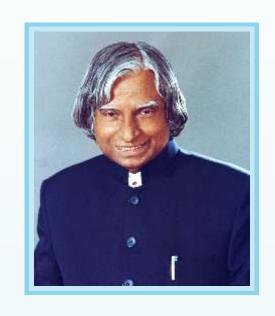












"All of us do not have equal talent."

But all of us should have an equal opportunity to develop those talents."

Dr. A.P.J. Abdul Kalam